



## Help Us Get Our "IT" Upgraded! by Lori Berg

In these days of seemingly always raising funds in order for Foothills Pregnancy Resource Center to be able to provide its FREE and CONFIDENTIAL SERVICES to each and every person who needs our help....nothing could be more important that "staying connected".

We at FPRC also realize that many donors wish to see right where their monies are being invested helping us to meet those needs.

Where would we have been during these last two years were it not for the technology that has seemingly connected the world in these most critical of times? Technology can indeed be one of the greatest marvels of our day...when it works!

Here at FPRC, we are using extremely (by now) outdated IT, which poses challenges to say the very least, for our entire professional team.



***What we could use: new laptops with capability to help us connect more easily; a new phone and security system allowing us to prescreen visitors or be on the lookout for deliveries; new printers that can handle the big and small jobs; and more....***

***As we are describing one of our needs and you or someone you know may be able to sow into this particular need, please let us hear from you.***

We have had a walk-through with IT experts to assess our challenges...bringing us into the present...and meeting our needs for years to come! Thank you! ●

## FOOTHILLS PREGNANCY RESOURCE CENTER

a State-Licensed Medical Clinic

(626) 358-2122

924 Buena Vista Street, Suite 202  
Duarte, CA 91010

### OFFICE HOURS:

Mon, Wed, Fri: 11am - 3pm

Tues, Thurs: 2pm - 7pm

## MISSION

FPRC is a safe place where individuals and families are empowered with the tools and support to make healthy life choices.

## It's the Most Wonderful Time of the Year!!!

by Lori Berg



No, we're not referring to all things Christmas! And yet, in the spirit of GIVING, each year about this time our fabulous GALA TEAM begins to plant the seeds and create the vision for the upcoming gala.

*Will it be a "live" event??? Will we film this year??? Will the Watch Party prototype so successful last year recur this year??? Who will become a new Event Sponsor casting our FPRC net to even a wider audience??? What new tactics may we use to broaden our reach to more and more donors??? What are some points we take away from last year's Silent Auction??? Which church partners will want to engage in this year's theme??? Questions like these are the ones swirling around in our heads 'round about now!*

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## ABOUT US

We recycle hope into every life that walks through our doors.

## WAYS TO DONATE

Mail your gift to:

FPRC

P.O. Box 234

Monrovia, Ca 91017

Or give online at:

[foothillsprc.org](http://foothillsprc.org)

And this year, one new question: Who will join our team—dreaming and creating right along with us??? The answer may just be: YOU!!!

Our FPRC GALA TEAM really is a dream team!!! We play hard and work well alongside each other. We've all become story-tellers, script-writers and film-makers and editors, donor-seekers and experts when-it-comes-to-asking-the-right-questions. Whether we're making "an ask" of an Event Sponsor or a Silent Auction donor or a film editor. We ask a simple question like: "Can we make this happen?" and the answer from the team is a resounding "YES!!!"

We're looking for a couple of new GALA TEAM members to replace members who are moving on...literally moving, as in out-of-state moving. We're looking to fill some large slippers. But we believe in God's bringing the right folks for a perfect fit!

Here's some thumbnail sketches of jobs our fabulous team takes on. If it sounds like they take on the world, well, in our FPRC world, they do!

Each GALA TEAM member takes ownership of the Gala Event and sponsors "a table", whether it's a virtual or real table. We attend once monthly meetings, held here at the pregnancy center, beginning in June, where I'm pretty sure smoke rises out of the roof as so much creative thinking happens in Suite 202!

Greta...hits the highways and the byways looking for Silent Auction donors. She's a "make-it-happen" kinda glue that helps this team work so efficiently. She also owns her part in the script and contributes right in her area of expertise.

Kristin...another hard-worker, has taken our message to her church as a liason and even drummed-up support from her family business. With the advent of our 'going virtual', she seized the opportunity to attract out-of-state Event Sponsors! Talk about 'thinking outside of the box'!

Lori...talks other creative types likes film-makers and writers into taking on our story, too...helping us to tell the best story possible.



Hayley and Candy...recruit new audience members by making sure that folk who wouldn't otherwise even know about us are aware of the event. They bring folks into their homes asking them to be guests at their "table" for the viewing of the film like our Watch Party model last year. Hayley and Candy are the pros who spend hours crafting the most exquisite photos for our Silent Auction. The two of them have a lot of fun doing it, too...and what gorgeous results!

Kristine...along with Hayley, builds all of our social posts and messages prior to the event, including making the Silent Auction site beautiful! Kristine actually wears the editing cap along with Lori and the pro editor to capture the essence of our theme. Hayley and Kristine spend a big chunk of the Gala weekend managing the auction and follow it through to the items' pick-ups.

Sounds like a lot of tireless work...and it is. All done with a spirit of love for FPRC...and all the good we do together!!! There's a spot just for YOU, too. Come join an amazing team and challenge yourself to new heights. I haven't yet mentioned our annual retreat. Our retreat is a weekend-long setting whether at a local posh motel, or a cabin on the Colorado River. This year, the team will be trekking to Crestline for a weekend in the mountains to 'catch the vision.'

Come and dream with us! 🌿

## AN IMPORTANT TIP



One of our dedicated monthly partners was dining at a nearby restaurant when they observed something which made them rather uneasy. From the safety of their booth, while using their cellphone, they gave FPRC a call. Their story fortunately has a happy ending. Lori suggested to the couple that they advise the restaurant host or manager on duty of their suspicions. They did so and the ownership took it from there and called the police. What the FPRC donors saw made them think that a potential human-trafficking situation was going down. FPRC shared the **National Trafficking Hotline Number: 1-888-373-7888** with our donors, who in turn shared that number with management of the restaurant. Within seconds of dialing the number, someone was there to help. Now, FPRC would like to take this opportunity to share with all of our readers this same number. Store in a handy place in the event that you see a suspicious activity.

*Thank you to our donors who stepped up to make a difference.  
We honor their courage and bravery. They may have saved a life!*

## PAMPER DAY BASKETS FULL OF TLC... THAT YOU MADE HAPPEN

Well, we've all learned to think outside of the box during the past two years. While we certainly hope that FPRC doesn't have to adopt the handing out of Pamper Day baskets rather than staging the glorious event we've hosted over half a dozen years....once again we were thrown a curve ball and had to re-do and re-think how Pamper Day would look this year.

At the writing of our last newsletter, we were thrilled to announce that Pamper Day 2022 was indeed going to take place. Everything was a "go" and lined-up to take place. Then our partners at Santa Teresita rethought the lending us a room out of which our childcare could happen. Then shortly thereafter, Pasadena City College announced that they were going to continue online learning, which meant that the hands-on cosmetologists who grace us each Pamper Day would not be able to attend the event.

As we have had to do so often throughout the challenge of the last two years....we revisioned Pamper Day...and YOU came through for us! Individuals and church partners donated jewelry, coffee gift cards, Bibles, monthly journals, home-baked goodies, and of course, THRIVE CAUSEMETICS which were caringly placed into each basket. We gathered baskets from every imaginable source and posted IG and Facebook messages asking for donations to fill up baskets of love. Baskets that would be handed out to every client who walked through our doors during the days of February.

27 baskets were lovingly given to women who came in for their monthly supplies; first-time clients who received layettes to take with them to the hospital for their baby's delivery; women who arrived for pregnancy testing and free ultrasounds; women who began their healing journeys after their abortions; even a basket or two was given to clients who drove quite a distance after discovering us on Facebook and who longed to connect with a caring center like ours.

We gave each woman who received her basket a blank note and asked her to send a message back to the folks who put the baskets together. Here are some actual quotes from a few happy recipients:

*"I don't normally receive gifts like this. This made my day!"*

*"Thank you so much. For every bit helps, God bless."*

*"It was nice getting a gift for myself, not the baby."*

*Looking forward to using the items before baby girl's debut."*

*"Very grateful. FPRC is awesome  
and amazing for giving  
out these baskets!"*

## From Our Nurse's Corner...



*by Susie Mullen, RN, FPRC*

Karen was not new to FPRC. We had seen her once in 2019, for a pregnancy test which was negative. Then we saw her again in January 2021, with a positive pregnancy test and an ultrasound that revealed a 12-week-old fetus. In January 2022 we gave her another pregnancy test and ultrasound and then a second ultrasound in March 2022.

If this story had been written in 2021, I would have described Karen as a young woman hardened by a life of partying and hanging with what you might describe as "the wrong crowd". She seemed unaffected by the sight of her 12-week-old fetus and was not excited as she heard the baby's heartbeat. After we prayed and she left the office, I told the Lord that I thought it would take a miracle for that baby to ever be saved but He is the God of miracles and nothing is too big for Him.

Karen's appointment in January of 2022 was at 1:00 PM. The time of her appointment came and went and I thought she was a no show. At 1:30, her boyfriend John arrived and said that he was here for Karen's ultrasound appointment. I told him that she had not shown up. We talked for a while and I asked him if she had given birth to the baby in 2021 and he replied, "I'm not sure." I asked him if she was pregnant again this time, how would he feel about parenting. He said he would be happy if she wanted to keep the baby. He said he had two other children from a previous relationship that he almost never sees. He said he would love to be a dad and help raise this child.

About 2 PM, an older man arrived and said he had Karen in the car, she was here for her Covid vaccination. I explained to him that we do not do Covid vaccinations here and he left the office bewildered. At 2:30, the older man reappeared with Karen on his arm, clearly helping her to walk as she seemed very unstable. Her eyes were glazed over and my suspicion was that she was on drugs of some kind. I took her arm and helped her into the options counseling room. I pointblank asked her if she had taken anything because she clearly seemed unaware of her surroundings and much different than the last time I saw her in 2021.

She turned around and parted her hair to reveal a scar that ran from the top of her head to the base of her skull. She said that she was at a party 3 months ago and someone came up behind her and "cracked her head open". I asked her who did this and she said she remembered very little about the last three months. She said that she remembered how nice we were to her last time and wanted to come back to us when she found out she was pregnant again. She was expecting to be about three months along, but the ultrasound revealed a fetus that only looked about 5 weeks old. Her reaction to seeing the tiny baby was very different than the last ultrasound. Instead of being indifferent, when I handed her the picture, she kissed the picture and said, "I love you, baby." I told her to come back in a couple of weeks and we could look again.

Two weeks went by and no sign of Karen. Then a month later, Karen and John both showed up together at the office. The ultrasound showed a 11-plus-week-old fetus. We listened to the heartbeat, and she seemed truly joyful.

Sometimes, the Lord has to "crack us over the head" (play on words) to realize what a blessing He has given us in a beautiful new life. Please pray for Karen and John that the two of them can grow into being great parents for this little one. ❤️

## SERVICES OFFERED:

- Urine Pregnancy Testing
- Limited Ultrasound (if you qualify)
- Options Counseling: Hear about ALL of your options
- Support after an abortion
- Groups and Classes: Support, Parenting, Mentoring
- Supplies for you and your baby

## RESOURCES AVAILABLE:

- **Options Counseling** Explore your options, "Are You Pregnant? Emergency Contraception? Considering Abortion?"
- **Abortion Recovery**  
Restoring Lives and Relationships After Abortion
- **Susie Mullen, R.N.**, Nurse Manager  
Foothills Pregnancy Resource Center
- **Lori Berg**, Executive Director  
Foothills Pregnancy Resource Center

## WAYS TO GIVE AT FPRC!

- Watch "Sharing our story" on our website and tell others.
- Become a monthly giving partner.
- Volunteer at FPRC.
- Donate "in kind" items like diapers and supplies.
- Talk with your church about becoming a missions partner.
- Become a Legacy partner by donating stock and other estate gifts.  
Call (626) 358-2122 and ask to speak with Lori.



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FOOTHILLSPRC.ORG



**Foothills Pregnancy  
Resource Center**

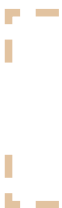
*a State-Licensed Medical Clinic*

Sometimes, do you just wish you had a "SAFE PLACE" to gather and get some HONEST ANSWERS? Do you have a safe place to go WHERE NO ONE WILL JUDGE YOU as you share your questions or thoughts? We have support groups. We even have one-on-one mentorships for guys! Everyone could use a little support. WE'RE A SAFE PLACE.

If you need support or to share with another person for the first time, all our services are CONFIDENTIAL and FREE!



# FPRC IS A SAFE PLACE



- Help Us Get Our "IT" Upgraded!
- It's the Most Wonderful Time of the Year!!!
- From our Nurse's Corner
- An IMPORTANT Tip
- Pamper Day Baskets full of TLC
- ...That YOU Made Happen

**WHAT'S INSIDE!**

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Resource Center**  
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