



FOOTHILLS PREGNANCY RESOURCE CENTER

LIFE|etter

FPRC NEWSLETTER • VOL. 1 • ISSUE 13 • FALL 2023

FPRCConnections GALA FILM EVENT 2023

As the staff, Board, and volunteers of FPRC reflect on what we are doing this year to intentionally **connect** with you, our donors and clients, we are stunned by what we are experiencing! This year's Gala Film will highlight outstanding growth in our outreach and ways in which we are **connecting** with the precious women we serve. Here's a "TRAILER" of what you can expect in our film this year:

- FPRC was able to host Pamper Day, A Spa Event, after a three-year hiatus. You'll be right there as we share beautiful moments from the day...
- You'll experience Parenting and Mentoring Classes, service groups in which we provide community for our clients...
- Find out about an amazing technology being used to connect our staff with clients in real time. FPRC has been awarded special funds for this and the results are life-changing...
- Witness the incredible transformation of our medical clinic and see our beautiful new space! (Even as I type this letter, there is music of electric sanders and saws in the background as professionals and volunteers make the transformation a reality!) We plan to host an

Open House to show off our clinic re-do, so look for more info about that in this newsletter...

- *Speaking of makeover, another local nonprofit has sown into the life of an FPRC client creating a stable space for her newborn...*
- *And there are the heart-warming stories. The client who's recipient of a new nursery tells her courageous journey; and another new client who **connected** with us via new technology had already made her abortion appointment, but through our **connection**, a life decision was made instead...*

FPRC loves bringing our gala stories to life...while donors and partners like YOU **connect** with what we do! "FPRCConnections" Gala Film Event 2023 will premiere on our website (www.foothillsprc.org) Friday, November 3 at 7PM with many Watch Parties taking place all across our area!

We extend a special invitation to YOU to become a Gala Film Partner! As you gift FPRC in the amount of \$600.00 or greater—YOU, YOUR CHURCH OR BUSINESS will be listed during the film's final credits. **Thank you for partnering and connecting with FPRC!** ❤️

What is a Watch Party?

A watch party is a way for YOU to help partner with us and share about the work that we do. Gather together your family, friends, neighbors, congregation, or anyone you would like to tell about FPRC in your home or church. Then together watch our gala film "FPRCConnections." That's it! Some hosts enjoy serving food, coordinating a diaper drive or inviting an FPRC representative to share/answer questions. Now that our center no longer holds formal gala dinners, watch parties are our way of

gathering together long-time supporters, new friends and everyone in between to learn about what God has been doing through our work in the last year. **This is our annual fund raiser.** These gala films are easy to share and allow us to spread our mission and increase our awareness in the community quite easily. Won't you consider partnering with us by committing to host a watch party this year? YOU have an opportunity to host a life-saving event by partnering with us in this way! ❤️

FOOTHILLS PREGNANCY RESOURCE CENTER

a State-Licensed Medical Clinic
(626) 358-2122

924 Buena Vista Street, Suite 202
Duarte, CA 91010

OFFICE HOURS:

Mon, Wed, Fri: 11am - 3pm
Tues, Thurs: 2pm - 7pm

MISSION

FPRC is a safe place where individuals and families are empowered with the tools and support to make healthy life choices.

ABOUT US

We recycle hope into every life that walks through our doors.

WAYS TO DONATE

Mail your gift to:

FPRC

P.O. Box 234

Monrovia, Ca 91017

Or give online at:

foothillsprc.org

A New Baby Comes Home to a New Room



FPRC client Kelry (middle) and Sandi and Min, from A Stable Space

Sandi Kaneko, founder and director of A Stable Space, believes that decorating a baby's nursery is an exciting step in preparing for an unborn child. But if the pregnant woman lacks support, it can be stressful and scary. So, she started a local nonprofit to stand in the gap for moms facing this daunting task alone. Sandi's organization has blessed many pregnant moms who are being served by area pregnancy resource clinics. Several months ago, Sandi visited FPRC and asked if we had any clients who could benefit from the tangible support her nonprofit has to offer.

We had several names in mind at the time of Sandi's tour with us. One in particular stood out. Kelry, who you will meet as she is featured in this year's gala film, had just discovered that her young family was expecting another member. Delighted by the news, Kelry beamed as she shared a portion of her own journey while Susie, FPRC's nurse listened. Susie was convinced that for all of Kelry's courageous choices, we should nominate her to Sandi's organization. So the next steps were taken. FPRC connected Kelry with Sandi and the interview and application ensued.

Then the unexpected happened. Kelry, only 35 years old, suffered a major heart attack, requiring her to undergo open heart surgery. Kelry and baby Estelle survived the ordeal; and we all beamed to learn that because of Kelry's most unusual story, A Stable Space selected her to be a recipient of a nursery makeover!

Because of the client-patient connection we have with Kelry, and our subsequent connection with A Stable Space, Kelry and her family are more mentally and emotionally prepared to welcome their new daughter home shortly. We'll have an opportunity to experience a little of the nursery makeover as well meet Kelry and her baby girl Estelle in this year's **Gala Film: "FPRCConnections", which premieres Friday, November 3, at 7:00 pm at foothillsprc.org. Join us to hear all about Kelry's amazing journey! This truly is a miracle story—one you won't want to miss!** ●



Kelry stands proudly with her family and FPRC director Lori in the new nursery

What happened at FPRC this summer? A LOT!!!!!!

by Lori Berg

Thirteen years ago, I got a group of volunteers together for a painting party at the end of my first week on the new job as Executive Director of FPRC. Nurse MaryAnn and Office Manager Nony voiced concern as they saw me scrambling to get all the needed volunteers. "What's your hurry, Lori? After all, you've only just started working here—new paint can wait." I recall justifying the new colors on the walls in the lobby saying it would spruce the place up. That mere cosmetic touch was just right all those years ago. A little paint went a long way helping our space at FPRC to feel more warm and cozy. There's an occasional comment on a client's exit form that says something like: "Boy, it sure could be brighter in your lobby. Maybe you guys could get new lighting." But beyond the rare comment like that one, we mostly have received glowing reports that our center feels like 'home!'

I have always enjoyed adding extra touches around the center. We'd purchase new pillows, or rugs, or change out an occasional painting. Just enough "new" to help the regular clients appreciate it, while keeping the center tidy, clean, and organized so that first-time clients felt safe in an environment to where they wouldn't mind returning, whether for a medical exam or supplies or classes.

Elevated levels of pressure that pregnancy medical clinics face in light of the Roe v. Wade overturn, a makeover of our pregnancy medical clinic began to be a necessity rather than a mere decorating challenge. More and more clients are seeking refuge and general reproductive information inside the walls of our medical clinics. When a new client, one who might be abortion-determined, arrives to a clinic like ours, she needs to be totally confident. We provide her with the truth about all of her choices. If she looks around our center and notices anything in her physical surroundings which makes her feel less than confident, then she may be likely to dismiss the powerful truths we share. We provide all our clients with excellent care medically, emotionally, and practically. Our clinic needs to reflect that! One of our national support partners, Save The Storks, is helping us do the hard work of a clinic makeover. After providing them with a cost estimate for the size of job we proposed, they accepted and awarded our grant application with our requested figure! You'll actually see the transformation unfold in our gala film—so without giving it all away—imagine FPRC with new floors, new walls, new lighting, and new furniture, and well, you get the picture. Tune in to this year's Gala Film, which premieres Friday, November 3 on our website: foothillsprc.org. And while the funds from Save The Storks make

See the special
OPEN HOUSE INVITATION
included in this newsletter
and PLAN TO ATTEND!

our facelift mostly possible, it couldn't be happening without countless hours of hard, sacrificial work of many volunteers. Volunteers from Foothill Church, One and All Church, and Cornerstone Bible Church are making it all happen! Professionals are blessing FPRC by knocking off huge portions of their normal service fees, too! FPRC is forever grateful. ❤️

more BEFORE renovation pictures...

BEFORE renovation...

*...and same space AFTER
(a sneak peek)*



*Come to our Open House
on Friday, September 22nd
to see the rest of the
completed renovation!*



Thinking you are pregnant?
Regret taking the abortion pill?

Feeling alone?
Hurting after an abortion?

Want to talk?
We are here.

CONNECT WITH US



LOOK WHAT WE ARE DOING "TOGETHER" LOCALLY AND NATIONALLY ...TO IMPACT LIFE!!

FPRC IS ONE OF 3000 MEDICAL PREGNANCY RESOURCE CENTERS HERE IN THE US.

Together, we are making a huge difference in the lives of tens of thousands of women. Women who are choosing to parent; women who are wounded after an abortion; women who are making adoption plans for their babies; and women who are just in need of encouragement.

YOUR SUPPORT of FPRC means that TOGETHER we are contributing to the following:

IN THE LAST 4 YEARS ALONE, medical pregnancy resource centers have offered FREE support and services:

- 500,000 ultrasounds were conducted totaling \$139 million of assistance
- 160,200 STI's tests were administered totaling \$8 million of valuable help
- 732,000 pregnancy tests administered totaling a value of \$6.5 million
- Parenting and mentoring supports were offered worth \$52 million
- Tens of thousands of men and women wounded by abortion have received help and hope worth \$3.5 million
- 1.5 million diapers have been given out to our moms totaling \$15 million
- Over 2 million outfits for babies and children worth \$10 million have been shared with our clients
- 30,000 car seats and 20,000 strollers worth \$3 million have been shared



Foothills Pregnancy Resource Center

A State-Licensed Medical Clinic

Sometimes, do you just wish you had a **"SAFE PLACE"** to gather and get some **HONEST ANSWERS?**

Do you have a safe place to go **WHERE NO ONE WILL JUDGE YOU** as you share your questions or thoughts? We have support groups. We even have one-on-one mentorships for guys! Everyone could use a little support. **WE'RE A SAFE PLACE.** If you need support or to share with another person for the first time, all our services are **CONFIDENTIAL** and **FREE!**

SERVICES OFFERED:

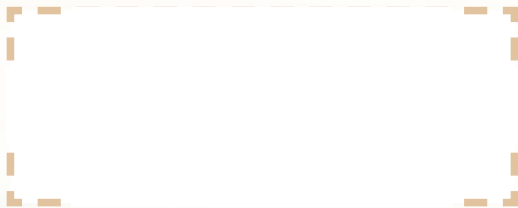
- Urine Pregnancy Testing
- Limited Ultrasound (if you qualify)
- Options Counseling: Hear about ALL of your options
- Support after an abortion
- Groups and Classes: Support, Parenting, Mentoring
- Supplies for you and your baby

RESOURCES AVAILABLE:

- Options Counseling Explore your options, "Are You Pregnant? Emergency Contraception? Considering Abortion?"
- Abortion Recovery Restoring Lives and Relationships After Abortion



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Please deliver to Current Resident

- You're Invited...FPRC OPEN HOUSE
- A New Baby Comes Home to a New Room
- What happened at FPRC this summer? A LOT!!!!
- What is a Watch Party?
- FPRCConnections Film Event 2023

WHAT'S INSIDE!

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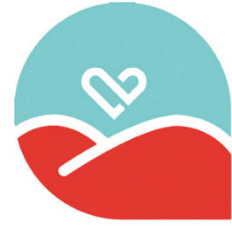
924 Buena Vista Street, Suite 202 • Duarte CA 91010

A State-Licensed Medical Clinic

Foothills Pregnancy
Resource Center



You're Invited



FPRC OPEN HOUSE

“Let’s All Connect”

**FRIDAY, SEPTEMBER 22ND
5PM-7PM**

**Foothills Pregnancy Resource Center
924 Buena Vista Street
Suite 202, Duarte, CA 91010**

Join Us for
The Reopening of Our Newly Renovated Center
Hors d'oeuvres & Drinks
Silent Auction
Hear About this Year’s Gala Film Event



OR

**Call
626-358-2122**