



FOOTHILLS PREGNANCY RESOURCE CENTER

# LIFEletter

FPRC NEWSLETTER • VOL. 1 • ISSUE 14 • DECEMBER 2023

## GALA 2023 WRAP

"FPRConnections", our 2023 Gala film was the fourth we have produced in as many years. Each film comes with its own set of stories and connecting points with which we hope to connect with more and more of you, our clients and donors. And this year, as in previous years, we have already enjoyed hearing back from many who viewed the film and learned about the incredible work we do!

**A heartfelt THANKS to all who participated in the film, from the story-tellers, to the Watch Party hosts, to the creative team, FPRC's Gala Team '23, to YOU the donors who make our work possible!**

It is true that the moving picture can convey a message, or 'tell a story' in a way that nothing else comes close. This year in "FPRConnections", we met three women who are being blessed and served by the medical services and ongoing programs offered by Foothills Pregnancy Resource Center. Madison is a single mom who makes ends meet as she comes faithfully each month to receive supplies such as clothing, formula, and diapers (and more!) for her baby Anastasia. Wasn't it sweet to her in her own words how she feels honestly about our being here for her?! Then we also met Valen and baby Hux. We were so thankful to be in their paths right after a tragedy befell them to offer hope, healing, and now help when they come for their supplies. When moms check in for their monthly supplies, we often engage with them for awhile. We offer a comfortable and relaxed space to just sit, chat, and breathe in good company and conversation on a visit. Finally, we met up with Kelly during the film and learned of her courageous choices throughout her young life. Here again, FPRC considers it quite a blessing that God would allow our paths to intersect in the way they do—with all our clients! Thanks to YOU, our partners and donors, for you make it possible in every way.



Wasn't it great to view the breath-taking transformation of our new clinic, too? Thanks to a very generous grant from our national partner Save The Storks, FPRC is experiencing an updated, modern look. How informative it is to get to share that in our film!

"FPRConnections" is now a permanent fixture on our website, so that at any time you can click the button and re-watch or perhaps see the film for the first time. On Friday, November 3rd, the film premiered and there were quite a number of Watch Parties. Small groups gathered in private homes; Bible study groups gathered; churches of all sizes met on their campuses and brought church members together to view a film about one of their neighborhood partner ministries. Thanks to all of our Watch Parties!!! The donations from those events are still finding their way to FPRC in order that we may be able to connect with more and more women in the days to come!

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## FOOTHILLS PREGNANCY RESOURCE CENTER

a State-Licensed Medical Clinic  
(626) 358-2122

924 Buena Vista Street, Suite 202  
Duarte, CA 91010

### OFFICE HOURS:

Mon, Wed, Fri: 11am - 3pm  
Tues, Thurs: 2pm - 7pm

## MISSION

FPRC is a safe place where individuals and families are empowered with the tools and support to make healthy life choices.

## ABOUT US

We recycle hope into every life that walks through our doors.

## WAYS TO DONATE

Mail your gift to:

FPRC  
P.O. Box 234  
Monrovia, Ca 91017

Or give online at:  
[foothillsprc.org](http://foothillsprc.org)



# YOU'RE ALWAYS INVITED....

Just in case you couldn't be here for the Open House we hosted prior to this year's Gala film... just know the welcome mat is always out and waiting for you to come by!

We hosted over 100 people at the Open house event on Friday, September 22. And were those folk ever thrilled to see how beautifully upgraded the FPRC clinic now is! Thanks to our generous, national partner, Save The Storks, we are now totally renovated and serving our clients from a modern, medical facility. That's because our clients deserve the very best! Thanks to every guest who came by and shared this special evening!

Want to come back to bring someone new? Or perhaps you weren't able to be here to see our new space. Please know that we invite you, old and new friends, to stop by for a visit and tour any time.

We plan on hosting another open house event like the one we just had in the future. But you don't have to await that invitation. Our hours of operation are Mondays, Wednesdays, and Fridays 11am-3pm and Tuesdays and Thursdays from 2pm-7pm.

We long for our clients and donors alike to always feel welcome here. ●



## We're thankful we connected with Susie L. Mullen by Lori Berg



Susie L. Mullen, RN is leaving FPRC! After seven wonderful years faithfully serving her FPRC 'team' mates, her time with us is drawing to a close. When she interviewed for the Nurse Manager position those years

ago, according to her recollection of how things transpired, she wasn't even looking for a job. Nonetheless, Susie fell in love with the mission of Foothills Pregnancy Resource Center and the staff and volunteers who people it.

Susie graced the FPRC team with her humor, strong and deep faith, a sense of humor and a compassionate chairside manner which swept clients into a safe place from the onset. Susie's ability to communicate and empathize with our clients has always been evident from the complements expressed by some of her very first client-patients up to the present ones. Even as recently as comments made by Valen and Kelry in this year's Gala film, "FPRConnections", clients have loved her; and so have we! We will miss her. God's speed, Susie. Blessings on you and your ministry, Simply2Love, and as you spend time with the grandkids, the puppy, the travels that lie ahead of you and whatever else God surprises you with. Know that you are treasured, valued, loved, and cherished. ❤️

## Simply2Love by Susie L. Mullen, R.N.

Simply2Love, Inc. came about as the result of a church mission trip to Kawangware, Nairobi Kenya. When I went there to teach orphans and their guardians about health-related subjects from a Christian perspective. I soon realized that adequate health care was not readily available to the slum community because of lack of "real" medical clinics within walking distance of a slum that spanned 7 miles, end to end.

With the support of three other nurses and my son and his wife, we formed a 501c3 to raise the money to build a four-story medical clinic right in the middle of the slum. We take annual trips to Kawangware, where we continue the teaching as well as host and fund an annual free medical camp where we see an average of 600 patients in one day. We also are very involved with the HIV positive orphans and their guardians and do a fun outing each year. Just two years ago, we added an annual trip to Mombasa for the eighth-grade girls whom most have never seen the ocean. There we teach on subjects relevant to teenagers in their life situation. It has been one of the greatest joys of my life to serve the Lord and see many come to Christ through this ministry.





# GALA 2023 WRAP



Something a bit out of the ordinary also occurred and we want to share it with all our readers because it may strike a chord with you. Namely, that some businesses and churches felt that their schedules were just a little too full to add one more thing this year, and they asked if we wouldn't mind if their Watch Party (after all, the proceeds still benefit FPRC even at a later date) were held in conjunction with Sanctity of Life month, January 2024! What a great idea, right? To date, these are a few of the churches planning to host an "all church" event in January: Foothill Church; Cornerstone Bible Church; Neighborhood Church; First Presbyterian of Monrovia; Glendora Alliance, and Bethany Church, Sierra Madre.

All of that to say—host a Watch Party at whatever date works for you and your guests! Now that the film has had its big premiere, it just beckons more eyes to watch. Call us if there is anything we can help you with to host your big screening event (626) 358-2122. The Gala film is our annual FUNDS-RAISING event, so the more screenings, the more connections to be made with other donors and clients. Thank you for connecting with FPRC!

We welcome and encourage your on-going support and connection with Foothills Pregnancy Resource Center. Thank YOU for your gifts at this giving time of year.

Give online, watch the film and connect via the QR code, or mail your donation to:  
P O Box 234, Monrovia, CA 91017.

Let's stay connected!!! ❤️



Ahhhhhhh. a day in which to be pampered! Sounds great, right? That's exactly what we hope that our clients are wishing for. And you, our volunteers, Pasadena City College cosmetology students, our friends at Santa Teresita, and countless donors make it all happen!

Last year, after a lengthy hiatus, we were able to bring our annual Pamper Day back to life. You watched a beautiful montage in this year's Gala film in which our viewers saw a collection of photos of casual and posed moments from the spa-like day.

This year once again, we will invite around 20 clients to the clinic, our newly-remodeled clinic, to enjoy a time of edible treats; hair-styling and cuts; make-up; manicures, massage, gifts, and childcare.

This amazing event is only possible with your donations of treats, time, and donations. Whether you donate gifts for the raffle or take-home baskets, or you generously donate funds to be used for the event, or you physically show up and participate in a day as special as this one.... you will be blessed just by giving of yourself.

The date for Pamper Day will be Saturday, February 10, 2024. All of the pampering takes place here at the clinic, while the children will be watched at Santa Teresita, directly across from FPRC. Volunteers are encouraged for childcare and countless jobs during the week leading up to Saturday and throughout the event itself.

What a great way to serve! Please call (626) 358-2122 and find out how you can be a blessing.

## STAYING CONNECTED

### Thru the Holidays...and Beyond By Brian Rietze, Chairman

"Staying Connected" is always important, but it even more vital during the holiday season. Whether it's family or friends, your church or the nonprofits you support, staying connected shows where your heart is and allows you to be open to opportunities to be present in meaningful ways.

Here are FPRC, we encourage you to stay connected with us. We certainly could not provide our life giving services without your financial connection. As the year comes to an end, please consider a significant year end gift to continue your partnership with our Center. As you look ahead to 2024, we also pray that you will consider making FPRC a part of your life story by being a faithful partner in the coming year. With your financial gifts and God's supernatural provision, we have been blessed and are thriving - we want this to continue and also have opportunities to provide additional services as God leads.

You can give by check, credit card, appreciated stock, and other ways - reach out if you need assistance or have a unique way you would like to give. (Note: our stock transfer instruction have changed with a recent merger between TD Ameritrade and Charles Schwab; please contact us before making your stock gift) Many of our monthly partners have automated their giving by setting up recurring transactions with their bank and credit card companies - prayerfully consider this as well!

We are so grateful and humbled by your financial partnership, and pray you will stay connected with us in this way. THANK YOU and GOD BLESS!



# LOOK WHAT WE ARE DOING "TOGETHER" LOCALLY AND NATIONALLY ...TO IMPACT LIFE!!

## FPRC IS ONE OF 3000 MEDICAL PREGNANCY RESOURCE CENTERS HERE IN THE US.

Together, we are making a huge difference in the lives of tens of thousands of women. Women who are choosing to parent; women who are wounded after an abortion; women who are making adoption plans for their babies; and women who are just in need of encouragement.

YOUR SUPPORT of FPRC means that TOGETHER we are contributing to the following:

IN THE LAST 4 YEARS ALONE, medical pregnancy resource centers have offered FREE support and services:

- 500,000 ultrasounds were conducted totaling \$139 million of assistance
- 160,200 STI's tests were administered totaling \$8 million of valuable help
- 732,000 pregnancy tests administered totaling a value of \$6.5 million
- Parenting and mentoring supports were offered worth \$52 million
- Tens of thousands of men and women wounded by abortion have received help and hope worth \$3.5 million
- 1.5 million diapers have been given out to our moms totaling \$15 million
- Over 2 million outfits for babies and children worth \$10 million have been shared with our clients
- 30,000 car seats and 20,000 strollers worth \$3 million have been shared



## Foothills Pregnancy Resource Center

*A State-Licensed Medical Clinic*

Sometimes, do you just wish you had a **"SAFE PLACE"** to gather and get some **HONEST ANSWERS?**

Do you have a safe place to go **WHERE NO ONE WILL JUDGE YOU** as you share your questions or thoughts? We have support groups. We even have one-on-one mentorships for guys! Everyone could use a little support. **WE'RE A SAFE PLACE.** If you need support or to share with another person for the first time, all our services are **CONFIDENTIAL** and **FREE!**

### SERVICES OFFERED:

- Urine Pregnancy Testing
- Limited Ultrasound (if you qualify)
- Options Counseling: Hear about ALL of your options
- Support after an abortion
- Groups and Classes: Support, Parenting, Mentoring
- Supplies for you and your baby

### RESOURCES AVAILABLE:

- Options Counseling Explore your options, "Are You Pregnant? Emergency Contraception? Considering Abortion?"
- Abortion Recovery Restoring Lives and Relationships After Abortion



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Thinking you are pregnant?  
Regret taking the abortion  
pill?

Feeling alone?  
Hurting after an abortion?

Want to talk?  
We are here.

CONNECT WITH US

