



FOOTHILLS PREGNANCY RESOURCE CENTER

LIFE|etter

FPRC NEWSLETTER • VOL. 1 • ISSUE 15 • FALL 2024



Foothills Pregnancy Resource Center
 20 years of...
Living the Legacy
Premiering November 1, 2024
 foothillsprc.org



Twenty Years Is 'Cause' to Celebrate!!!

Since 2004, FPRC has been **LIVING THE LEGACY!**

This year we are reflecting on the **20 years** of service, hands-on love and support, medical care, and hope that has been provided by Foothills Pregnancy Resource Center. The unborn have been saved, hope has been restored, and countless lives transformed. FPRC's founding team began the journey to where we are today back in 2001 when the steering committee first met. And **twenty years** later, we're growing exponentially with new vision toward the next **twenty years**. One thing remains, as the doors opened in 2004 until today, FPRC continues to come alongside the women, men, and children of our greater community. The center opened its doors to provide medical pregnancy testing and after awhile began handing out minimal items like necessary diapers and small amounts of clothing. Presently, FPRC assists over 50 women each month. Bags full of clothing, diapers, wipes, shampoo, lotion, baby wash, rash cream, formula and food, blankets, shoes, socks, and a week's worth of clothing are some of the monthly gifts we give to our moms and babies. Now, due to the generosity of our donors, church partners,

and community organizations, the word has spread about our work. More folk have learned about the varied services we offer and they see the ripple effect of what we do. Parenting and Mentoring Support, along with Post-Abortion Healing and referrals to other agencies who may be able to sow into our client-patients also engage our clients on a more intimate level. And of course, over the years with technology improvements and equipment upgrades, FPRC has served thousands of clients with the professional medical services like Pregnancy Testing, Limited Obstetric Ultrasounds, real-time social interactions, and now STDs testing which allow for same-day results. All of the services spoken of take place in our newly-remodeled clinic. Look how far FPRC has come! Look how we've grown into the present-day, empowering clinic serving the folk who come to us from all over Greater LA!

We are paying special tribute to our past, championing where we are today and heralding our bright future in this year's film retrospective: **LIVING THE LEGACY**. We are a cause...to celebrate.

Spanning our **twenty years**, we'll hear from some of FPRC's founding voices, those pioneers who dreamed courageously all those years ago. And of course, we'll share a space with some clients with whom we are walking the walk at this season in time. Clients who are choosing life and being served by the many opportunities we offer. We'll also hear from donors, like

Cont'd. on page 3 →

FOOTHILLS PREGNANCY RESOURCE CENTER

a State-Licensed Medical Clinic
(626) 358-2122

924 Buena Vista Street, Suite 202
Duarte, CA 91010

OFFICE HOURS:

Mon, Wed, Fri: 11am - 3pm
Tues, Thurs: 2pm - 7pm

MISSION

FPRC is a Christian nonprofit medical clinic that offers a safe place where women, men, and children are empowered with the tools and support to make healthy life choices.

ABOUT US

We recycle hope into every life that walks through our doors.

WAYS TO DONATE

Mail your gift to:

FPRC

P.O. Box 234

Monrovia, Ca 91017

Or give online at:

foothillsprc.org



Twenty Watch Parties for 20 Years of Life...



FPRC is most definitely proud of the fact that one of our local church partners coined the original "watch party" during the pandemic and it's proven to be successful. This year's film is our fifth we've produced, so for a quarter of FPRC's existence, our annual funds and awareness-raisers have been telling our story on the big screen. Thanks to the many of YOU who have either hosted a Watch Party at your home or business or attended a gathering at a friend's home or your local church. Last year, from the date of the film's premiere and beyond, FPRC counted 12 parties. What a special thrill to know that the mission of our clinic is gaining wider and wider participation. 2024 marks our **twentieth year** to serve the women, men, and children of our greater community. We're drafting more party planners to host more Watch Parties than ever. It's our **twentieth year**, so let's recruit **twenty** parties, what d'ya say?!

The unique beauty of a Watch Party is that a party can be as detailed and involved as any given host cares to make it! From inviting a handful of neighbors over for a BBQ and retiring to the living room when you decide it's time to view the film, to hosting an elaborate sit-

down dinner for a number of business associates complete with a catered spread, to gathering in a large multi-purpose room at your local church and asking everyone who attends to bring a dessert you get the idea. YOU host, YOU set the tone. How would YOU like to show and share the film?

Every Watch Party is an opportunity to share about the work we do TOGETHER, YOU our donors and FPRC. Gather together your family, friends, neighbors, congregation members. This year's film **LIVING THE LEGACY** will be shared among new and old friends alike. Rather than be cloistered at a table with a small group, these Watch Parties allow more and more to learn about us, witness the miraculous growth and outcomes of our work, and directly become involved. The Watch Party model creates perhaps a more conducive way for the audience to engage.

Here's some interesting ideas to think about: in addition to hosting and/or attending, you might add a donation drive to your event. Collect diapers, wipes, and other necessities as your guests arrive. Invite a speaker from FPRC to attend your event. That way, a

breakout session can freely happen after your guests have enjoyed the film. A rep from FPRC would be there to facilitate any comments or questions. The giving QR code runs throughout the film, so no need to personally collect a monetary collection, or you could. The 2024 celebration film premieres on Friday, Nov. 1st on our website. But, if that date doesn't work for your Watch Party, no problem. Select another date. The film will be embedded into our website and literally, you can pick any date, any time which works for you. See how this works? And again, you set the tone whether you gather to also eat or not. Your call. But most importantly, **WATCH PARTIES ARE OUR ANNUAL FUNDS AND AWARENESS EVENTS**. Your hosting a group to view the film helps to grow our financial base in order that our mission and work can continue into the next **20 years**.

Feel free to call the clinic at 626-358-2122 and ask to speak with Lori who will be happy to answer any questions, give you suggestions, and set up a speaker from FPRC to attend your Watch Party.

We can do this... 20 Watch Parties for 20 years!!! ❤️

Two of the women celebrating FPRC featured in this year's film...



Meet a client who felt lonely and unsupported. She was considering abortion until she heard about ALL the amazing services at FPRC! That turned her life (and the life of her child) around



Another client already knew about FPRC, and because of how she was helped years ago, she couldn't go through with an abortion

Two Precious Gifts for Our Precious Guests

FPRC is partnering with **EMBRACE GRACE**, a nonprofit which encourages church-based support to single moms. When a single mom comes in for a pregnancy test and an ultrasound, our staff is gifting her with a **LOVE BOX**, in it the single mom finds tools of encouragement, along with a journal and an adorable onesie. **THRIVE CAUSEMETICS** is once again gifting our clients with a bag full of make-up. The flip side of the pouch reads: "Empowered women empower women." We couldn't say it better!



A Tribute To The One Who Dreamed A Dream...

Sheila Fleming had a dream in 2001. Because of that dream, FPRC was established. Sheila's BFFs, Carol Caldwell and Jody Lohran, had a commemorative plaque created in our founder's honor. The plaque is displayed in our upgraded lobby. Sheila's verse for FPRC was Psalm 16:11: "You have made known the path of life"



→ Cont'd. from page 1

Twenty Years Is 'Cause' to Celebrate!!!



YOU, who care to come alongside us and do the heavy lifting. **Twenty years** doesn't just happen...it took the visionaries of the past, the ones who are carrying on the mission today, and the sowers of the future.

We invite you to mark your calendars for this year's film. Friday, November 1st at 7pm, the film **LIVING THE LEGACY** premieres on our website: www.foothillsprc.org. SAVE THE DATE!

Thank you for sowing into FPRC's past and its present. Have you hosted a Watch Party (see the article in this issue) before or attended one? What a great way to sow even more seeds. The first **twenty years** of FPRC is a reason to celebrate. We believe more than ever that this year's film deserves to be seen by more new friends, more new churches, more new partners. Help us create this **twenty-year explosion!**

You're invited to attend a Watch Party, host a Watch Party Friday, November 1st and beyond. We're celebrating our first **twenty years** all year long. It doesn't have to stop at the party. Watch it once, then gather again with more to experience it again!!! **Twenty years** is a big deal help us share our story!

We're setting the bar real high in honor of our first twenty: \$100,000.00. Be a part of the past, present, and future of a 'cause' to celebrate. **LIVING THE LEGACY**, premiering Friday, November 1st at 7pm on www.foothillsprc.org.

Then let's see what God has in store for the next **twenty!** ❤️

PARENTING CLASSES STARTING BACK UP THIS FALL!

In 2022, new parenting classes began at FPRC, starting with a few moms bringing their babies, toddlers or joyfully anticipating the birth of a child. Since then our lobby has filled - - moms, dads, grandmas, guardians - - all engaging with each other, exchanging ideas about parenting strategies, building community & creating friendships. Sleep training - nutrition - milestones - holiday ideas ... just a few of the discussion topics during our one-hour classes! Parents engage with their baby or toddler during the lively sing-a-long led by Barbara Martin, retired children's librarian. I enjoy sharing my experiences as a home-school mom (now grandma) along with what I learn through researching trusted child-rearing experts, to include my own adult children!

Classes will again be offered the second Tuesday each month at 10:30AM beginning FALL 2024 on September 10th, October 8th, November 12th & December 10th; SPRING 2025 on January 14th, February 11th, March 11th, April 8th, May 13th & June 10th – we take a break in July & August. We always appreciate an RSVP by calling the FPRC office or you may email me at barbarawiltsey@gmail.com. Hope you can join us!

ALWAYS MORE TO LOOK FORWARD TO ...

In addition to producing an outstanding film retrospective of the first **twenty years**, FPRC is already planning for 2025! We'll be hosting another **OPEN HOUSE** event to tah dah welcome **A BRAND NEW ULTRASOUND** to our center. We have been generously awarded a new machine by national and regional councils of Knights of Columbus, along with national partner organization 4US. In keeping with all our accomplishments over the **twenty years**, we wanted to inform you that the good just keeps on happening. FPRC will not be left behind as technology soars into the future at a rapid pace! More refined images bring more opportunity to serve more moms and save more babies!

We look forward to hosting another Open House and invite YOU, our donors to celebrate with us. The event will coincide with Sanctity of Life Month (January) and it will provide the perfect opportunity to pay a visit to your local pregnancy care clinic, FPRC.

FPRC's Director attends conference in SLO

California Alliance of Pregnancy Care, CAPC, www.calalliance.org, held its annual Executive Directors Conference in San Luis Obispo in July. The Alliance is to promote life-affirming alternatives to abortion, advance the life movement, and advocate for reproductive justice in California. FPRC's director, Lori Berg, attended this year's event and was enlightened, encouraged, and edified by all 60 other directors who attended. Thanks to FPRC's donors who help unite, empower, and advocate!

LOOK WHAT WE ARE DOING "TOGETHER" LOCALLY AND NATIONALLY ...TO IMPACT LIFE!!

FPRC IS ONE OF 3000 MEDICAL PREGNANCY RESOURCE CENTERS HERE IN THE US.

Together, we are making a huge difference in the lives of tens of thousands of women. Women who are choosing to parent; women who are wounded after an abortion; women who are making adoption plans for their babies; and women who are just in need of encouragement.

YOUR SUPPORT of FPRC means that TOGETHER we are contributing to the following:

IN THE LAST 4 YEARS ALONE, medical pregnancy resource centers have offered FREE support and services:

- 500,000 ultrasounds were conducted totaling \$139 million of assistance
- 160,200 STDs tests were administered totaling \$8 million of valuable help
- 732,000 pregnancy tests administered totaling a value of \$6.5 million
- Parenting and Mentoring supports were offered worth \$52 million
- Tens of thousands of men and women wounded by abortion have received help and hope worth \$3.5 million
- 1.5 million diapers have been given out to our moms totaling \$15 million
- Over 2 million outfits for babies and children worth \$10 million have been shared with our clients
- 30,000 car seats and 20,000 strollers worth \$3 million have been shared



Foothills Pregnancy Resource Center

A State-Licensed Medical Clinic

Sometimes, do you just wish you had a **"SAFE PLACE"** to gather and get some **HONEST ANSWERS?**

Do you have a safe place to go **WHERE NO ONE WILL JUDGE YOU** as you share your questions or thoughts? We have support groups. We even have one-on-one mentorships for guys! Everyone could use a little support. **WE'RE A SAFE PLACE.** If you need support or to share with another person for the first time, all our services are **CONFIDENTIAL** and **FREE!**

SERVICES OFFERED:

- Urine Pregnancy Testing and STDs Testing
- Limited Ultrasound (if you qualify)
- Options Counseling: Hear about ALL of your options
- Support after an abortion
- Groups and Classes: Support, Parenting, Mentoring
- Supplies for you and your baby

RESOURCES AVAILABLE:

- Options Counseling Explore your options, "Are You Pregnant? Emergency Contraception? Considering Abortion?"
- Abortion Recovery Restoring Lives and Relationships After Abortion



FOLLOW US ON FACEBOOK & INSTAGRAM • FOOTHILLSPRC.ORG

Thinking you are pregnant?
Regret taking the abortion
pill?

Feeling alone?
Hurting after an abortion?

Want to talk?
We are here.

CONNECT WITH US

