



CIL'S STORY

By Cecilia Borja, BSN, RN

My name is Cecilia (Cil) Borja. I joined Foothills Pregnancy Resource Center (FPRC) January 14, 2025 as the Nurse Manager.

I am wife to Johnny, and have 3 children, Theresa, Diana and Stan. Both of my daughters are Registered Nurses and my son is a Journeyman Sheet Metal Worker. I also have nine grandchildren and four great grandchildren. They range from ages 3 months to 31 years old.



at Inspire Church in Carson, California—specifically with the women's group. I told Georgina I was being considered for the position. Her response to me was "Cil answer the call! God is calling you to have a closer relationship with him. Not only can you help these women during a difficult time in their lives, you have the skills gifted to you by your profession to help save countless babies. Ask God to guide you, use you, teach you".

I have been a Registered Nurse for 38 years. In my nursing career, I have worked in Medical/Surgical, Pediatrics, Labor and Delivery, New Born Nursery, Blood Banking, and Research. I also worked as a Nurse Practitioner. My speciality is Obstetrics/Gynecology.

I retired from my full time position of 25 years at American Red Cross in 2021. Since then I have traveled the world and spent a lot of time with family and friends. I've had so much fun watching my two freshman granddaughters play varsity volleyball and softball. I was really enjoying my retirement.

How did I end up at FPRC? One morning I couldn't sleep. I picked up my iPhone and began to go through my emails. I came across an email from Indeed, a job search platform. I never open these emails and usually delete them. However, I decided to open this email and the first position listed was the Nurse Manager position at FPRC. I clicked on the job description and saw that it was part time with flexible hours. I read the tasks and responsibilities for this Christian based ministry which is only 10 minutes away from home. *I also have a pregnancy story. As a teenager in high school I struggled with the decision to tell my parents I was pregnant. I had to make a decision to abort or carry. I did decide to carry.* Everything about the position sounded appealing so I clicked and applied. Within a few hours I received a reply from Lori Berg. Mind you, this was Thanksgiving morning and a "day-off" for Lori, but she responded to me anyway. This was impressive and showed me her dedication to FPRC. After the holiday we followed up with a phone call and a visit to the center.

After my phone call with Lori, I called my daughter-in-law Georgina to tell her about the position. She is very involved

I was so overcome with emotion, that I started to cry. I told Georgina I never thought of this as a calling. I was just being selfish, thinking that it was something to do while my husband was at work. After all it was flexible hours, and 10 minutes from home against traffic.

During the final interview with Lori and Brian (Chairman of the FPRC Board), they let me know they had some other candidates to interview and they would be making their decision at the first of the year. I said that would be fine and thanked them for the opportunity to interview.

I put it in God's hands as to whether or not I would be the nurse selected. My son Stan, Georgina, Inspire Church and it's pastor prayed for me to be chosen for this position if it was God's will.

On December 20, 2024 I received a call from Lori offering me the position. I was so surprised by her call that it took me a minute to respond. God is good! This was truly a blessed day!

I am excited to be a part of the FPRC team! I definitely feel this was a calling from God. It just took me a minute to recognize it. I believe God led me here to continue his work. I am excited for my up coming ultrasound training. This will not only be a new skill for me, but also another way of showing women their truth with love and compassion. Hopefully by viewing the image of the life created, they will make the decision to carry. It will also give woman more information to make an informed decision regarding their pregnancy.

I pray that God will continue to guide me and help me to always follow the mission of FPRC. ❤️

FOOTHILLS PREGNANCY RESOURCE CENTER

a State-Licensed Medical Clinic

(626) 358-2122

924 Buena Vista Street, Suite 202
Duarte, CA 91010

OFFICE HOURS:

Mon, Wed, Fri: 11am - 3pm
Tues, Thurs: 2pm - 7pm

MISSION

FPRC is a Christian nonprofit medical clinic that offers a safe place where women, men, and children are empowered with the tools and support to make healthy life choices.

ABOUT US

We recycle hope into every life that walks through our doors.

WAYS TO DONATE

Mail your gift to:

FPRC

P.O. Box 234

Monrovia,

Ca 91017

Or give online at:

foothillsprc.org



Hello my name is.....

Hello FPRC community, my name is Jacqueline (Jaci) Maze, and I am a graduate student in Azusa Pacific University's Master of Public Health (MPH) program. As part of my field practicum, I am honored to join the team at Foothills Pregnancy Resource Center to support and learn from the incredible work being done to serve women and families in Duarte and the surrounding communities. My passion lies in women's and children's health, and my goal is to become an OB/GYN



dedicated to providing compassionate, comprehensive care. During my time at FPRC, I am excited to gain a deeper understanding of the social and structural needs that impact prenatal and maternal health while directly supporting the women we serve in this important season of life. To help strengthen FPRC's services, I am working to streamline intake and medical forms, ensuring that both clients and medical staff have a clearer and more comfortable experience while maintaining confidentiality. Additionally, I am organizing and simplifying our extensive resource materials to create a more user-friendly guide that helps women quickly find the culturally relevant support they need. I am also developing a survey tool to assess the social factors affecting access to prenatal, postnatal, and maternal healthcare. With IRB approval, I will conduct this study with FPRC clients to gather valuable insights and ensure we are effectively meeting their needs. I am incredibly grateful for this opportunity to serve, learn, and grow with the FPRC team. Your prayers and support mean so much, and I would love to share more about my work with anyone interested. Thank you for welcoming me into this amazing community! Blessings, Jacqueline (Jaci) Maze, Master of Public Health Student | Azusa Pacific University ❤️

Nurse's Training, April 2025...Right Here at Home

By Lori Berg

Continuing to serve in our tradition of excellence, and now with superior, upgraded ultrasound technology, a brand new Mindray now graces one of our medical rooms here at FPRC. Nurses who serve in clinics like Foothills Pregnancy Resource Center need to train rigorously in order to work with our client-patients to ensure they receive the most precise, thorough, and compassionate care possible.

Certification will be awarded to our nurse after passing certain competency exams, and completing and submitting course evaluations. Retention of trained nurses is crucial to the work we do in the life movement. The role of the nurse is essential to our getting our medical license and clinic status, plus, the nurse's heart truly needs to capture and then engage in the totality of our mission. To ensure that Cil will be trained and then fully-equipped to embrace her client-patients, another amazing part of the empowerment that Forget-Me-Not Ultrasound Training offers is their continuing education component known as the Enhancement Series. Cil's trainer will connect with her monthly for a full year, including regular zoom calls with other nurses who've also recently undergone the program and weekly Q and A's with the trainer. The newest member of Team FPRC, Cil, will be ready-set-go in the very near future!

A training professional representing Forget-Me-Not Ultrasound out of New York will be coming to FPRC the first week of April, 2025, to train Cil. The hands-on training will enhance her use of client software used to track a baby's gestational age; engage our nurse in testing and practical experience as she learns this new scope of practice; plus expand her confidence while scanning images during a woman's first two trimesters; grow our nurse's knowledge of the physics involved in performing ultrasound; and provide up to one full year of one-on-one consultation with Cil's trainer after the intense training is completed on-site at FPRC. The course is essentially a nurse's boot camp, a rigorous one at that which produces amazing bonding! The training lasts 5 days wherein our brand new nurse will be actively conducting well over 75 gestational scans! [\(Read further in this article to learn about some practical ways for you to play a part in this incredible training!\)](#)

Each day of classes will begin with prayer, our first line of offence! After prayer a review of the physics and recap from the day prior. Afternoons will primarily be taken up with model scans. Cil will learn more fully her role as a spiritual nurse director to our clients. She, too, will be trained to fully recognize and comprehend everything she is witnessing in each scan on clients who range from not pregnant well into their second trimester. Our nurse will understand more completely ectopic pregnancy and will be trained especially on how to converse about fetal loss. Over the last few years, pregnancy clinics like ours have been reporting higher numbers of clients who've experienced pregnancy loss. As we are medical clinics, it is absolutely crucial that our nurse be able to relate in an in-depth way about that delicate subject.

Now, here are a couple of ways in which YOU, our readers and donors, can help make this upcoming training as smooth as possible. We'll need your hands-on support, too! Thanks to FPRC donors, Bill and Deb Raheb, our trainer will have a play to stay for the week she's in town from the east coast. Huge thanks go out to them as that brought our cost way down!!! Way to go, Bill and Deb! Another couple of important needs are: lunches to be covered and/or brought in all five days of the training. Lunches would be for our nurse plus her trainer, as well as the models and volunteers. And speaking of volunteers, we'll be looking for women in all categories ranging from not pregnant to models in their second trimester. Models will be helping the clinic tremendously by offering their assistance, plus they'll receive a free ultrasound!

Important takeaways... *Please cover in prayer our nurse, Cil, and the entire staff of FPRC, leading up to and during the week of April 7 - 11 as Cil trains rigorously to become certified to perform life-saving ultrasounds.*

Want to take charge of a lunchtime meal plus snacks during that training? What a practical way to play a hands-on role...

*Would you like to receive a free ultrasound and see for yourself the wonder of this latest technology? We are seeking models ranging from **not pregnant up to 28 weeks pregnant**. If you are or if you know someone who might be interested.*

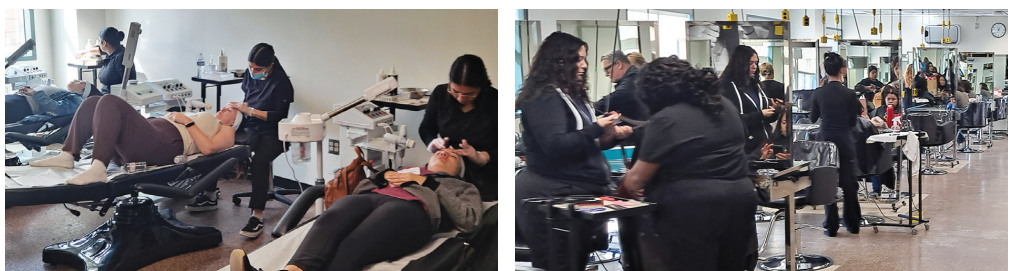
If you are interested in any of these specific ways to serve, please call us at 626-358-2122. Just ask for Lori. And many thanks in advance!

Thank you for attending FPRC's 2025 Open House. What a great event!

100 Friends, Clients and Donors gathered to celebrate 20 years of FPRC. A new nurse, Cil, and a brand new ultrasound were prayed for as supporters looked on. We are looking forward to Cil's training which will take place on brand new equipment, thanks to local and national Knights of Columbus.



Pamper Day 2025 Our lovely clients getting special treatment by the graduating students of PCC's Continuing Education Center's School of Cosmetology. In a full salon setting, our guests were treated to: Hair-washing, Cuts and Styles; Manicures; Facials; Gifts, and Complimentary Tea lunch. Celebrating 11 years of partnership between FPRC and PCC, the gifted beauty artists treated our clients with hands-on love!!!



Stories in a Sentence

♥ Avrielle and her partner came for an ultrasound only to receive sad news that their baby had miscarried; however, they were so comforted by the compassion and attention paid to them as they expressed a very real grief.

♥ Dianna has attended Parenting Class for the past year. She relishes the support, informative topics and relationships she's formed with the other moms in the group.

♥ Andrea, discovered us online and came by for a free ultrasound. During her visit, we discovered just how many hardships she has already overcome in her life. She was empowered with not only an ultrasound, but invited to our annual Pamper Day event. She said she'd never received such loving treatment!

♥ Our faithful partners Save the Storks and Foothill Church are blessing us with gifts to lighten the financial burden of our upcoming nurse's ultrasound training! Thanks, STS and Foothill Church!

♥ Our generous partners, including all of our first-time and recurring donors, helped us to reach a record amount as a result of "Living the Legacy", the film celebrating twenty years of the mission and work of FPRC! Thank you all for helping us reach nearly \$100,000!

LOOK WHAT WE ARE DOING "TOGETHER" LOCALLY AND NATIONALLY ...TO IMPACT LIFE!!

FPRC IS ONE OF 3000 MEDICAL PREGNANCY RESOURCE CENTERS HERE IN THE US.

Together, we are making a huge difference in the lives of tens of thousands of women. Women who are choosing to parent; women who are wounded after an abortion; women who are making adoption plans for their babies; and women who are just in need of encouragement.

YOUR SUPPORT of FPRC means that TOGETHER we are contributing to the following:

IN THE LAST 4 YEARS ALONE, medical pregnancy resource centers have offered FREE support and services:

- 500,000 ultrasounds were conducted totaling \$139 million of assistance
- 160,200 STDs tests were administered totaling \$8 million of valuable help
- 732,000 pregnancy tests administered totaling a value of \$6.5 million
- Parenting and Mentoring supports were offered worth \$52 million
- Tens of thousands of men and women wounded by abortion have received help and hope worth \$3.5 million
- 1.5 million diapers have been given out to our moms totaling \$15 million
- Over 2 million outfits for babies and children worth \$10 million have been shared with our clients
- 30,000 car seats and 20,000 strollers worth \$3 million have been shared



Foothills Pregnancy Resource Center

A State-Licensed Medical Clinic

Sometimes, do you just wish you had a **"SAFE PLACE"** to gather and get some **HONEST ANSWERS?**

Do you have a safe place to go **WHERE NO ONE WILL JUDGE YOU** as you share your questions or thoughts? We have support groups. We even have one-on-one mentorships for guys! Everyone could use a little support. **WE'RE A SAFE PLACE.** If you need support or to share with another person for the first time, all our services are **CONFIDENTIAL** and **FREE!**

SERVICES OFFERED:

- Urine Pregnancy Testing and STDs Testing
- Limited Ultrasound (if you qualify)
- Options Counseling: Hear about ALL of your options
- Support after an abortion
- Groups and Classes: Support, Parenting, Mentoring
- Supplies for you and your baby

RESOURCES AVAILABLE:

- Options Counseling Explore your options, "Are You Pregnant? Emergency Contraception? Considering Abortion?"
- Abortion Recovery Restoring Lives and Relationships After Abortion



FOLLOW US ON FACEBOOK & INSTAGRAM • FOOTHILLSPRC.ORG

Thinking you are pregnant?
Regret taking the abortion
pill?

Feeling alone?
Hurting after an abortion?

Want to talk?
We are here.

CONNECT WITH US

