



Our latest nurse to join the team!

FPRC is proudly announcing that we will shortly be served by three highly qualified and trained RNs. Cil Borja, our Nurse Manager (bio Newsletter March 2025) will soon be joined by Melissa Scalia (bio Newsletter January 2026)... And now announcing the latest addition to our ministering and serving team, Diane Dirks (DeeDee) whose story is below. FPRC is blessed with these three nurses whose experience and hearts will help us to serve more women and families and save more lives. To God be all the glory!



Cil Borja, BSN, RN
Nurse Manager



Dr. Melissa Scalia,
PhD, MSN, RN, ONP

For You formed my inward parts. You knit me together in my mother's womb. I praise You for I am fearfully and wonderfully made. Wonderful are Your works; my soul knows it very well. My frame was not hidden from You when I was being made in secret, intricately woven in the depth of the earth. Your eyes saw my unformed substance; in Your book were written every one of them, the days that were formed for me when as yet there was none of them. How precious to me are Your thoughts O God! How vast is the sum of them! —Psalm 139: 13-17 ESV

were experiencing vulnerability with unexpected pregnancies. I still remember the hope and joy expressed by a client there who found our ministry following her appointment at an abortion clinic. As she saw the dancing movement of her unborn baby, safely within her womb, she proclaimed "They lied to me! They told me it was just a bunch of cells! I don't feel alone anymore seeing my baby on that screen!". These kind of opportunities deepened my love of caring for women who are outside of "normal" support systems. It's a true blessing to be able to provide compassion and resources.



Dee Dee Dirks is a certified nurse-midwife and registered nurse who joins our medical team at Foothills Pregnancy Resource Center this spring. She and husband Paul celebrate 43 years of marriage this year. They are longtime residents of Altadena. They enjoy family life with

their 3 married "kid-couples" and the joy of being "GiGi & Paupi" to their 6 grandchildren. They are Covenant Partners at Foothill Church in Glendora.

My long and winding road in Women's Health care began in the 1980's when I first worked as a registered nurse in labor and delivery at LAC + USC Medical Center Women's Hospital High Risk Labor and Delivery (5L). There were 50 - 80 babies born there daily in those days! I loved working with the underserved women trying to be a comfort in a chaotic environment. I completed the USC Nurse-Midwifery Education Program there in 1988. I then joined the staff as a Certified Nurse-Midwife (CNM) delivering babies on the Normal Birth Center (8L) at LA County Medical Center. It was a beautiful family-centered environment providing dignified and individualized care supporting women and families for their births.

Early in my career as a CNM my husband Paul and I experienced the joy of the births of our 3 children during the 1990's. Throughout our children's childhood I worked in local hospitals as an RN and CNM in the obstetrical setting providing prenatal care and working in labor and delivery. I had the privilege of teaching childbirth classes for over 10 years through our church at that time (Grace Community in Sun Valley, CA).

In the early 2000's I served at Open Arms Pregnancy Resource Center in Northridge, CA doing ultrasounds for women who

As a Christian since age 13 I've come to find great hope and comfort in the truth of God's goodness and sovereignty in every aspect of life. Theologian R.C. Sproul's famous decree that "there are no maverick molecules" means that nothing happens outside of God's control. This belief adds weight and value to the sanctity of human life. There are no mistakes in the creation of a person. Even when our actions may be the result of sinful choices or circumstances we would not have chosen, God is trustworthy to provide everything needed as we look to Him amidst these challenges. What a warm blanket of comfort this knowledge is particularly when facing an unplanned pregnancy or circumstances causing great fear and chaos. God has meaning and purpose in EVERY aspect of life. How many stories have we heard of how unexpected circumstances have changed lives in deeper and meaningful ways! It is a privilege to come alongside people who may be walking in great fear and confusion and provide a path of hope and support. This begins with hearing and understanding their story and earning the right to share truth and hope to strengthen them on their journey.

As I retired last July from my role as a midwife at UCLA Santa Monica Hospital, I knew my heart would desire to use the clinical experience I've gained from over 37 years as an RN and CNM. Joining the team at FPRC provides opportunities for God's continued purposes through me of "people things". I am grateful and delighted to be a conduit of hope and support to those the Lord brings to us. The doorway for conversation may come through hearing their story, doing a pregnancy test, or performing an ultrasound. Sharing in the experiences of each unfolding story leads to sharing the reason for the Hope (the Lord Jesus) that is in me (1 Peter 3:15). ❤️

FOOTHILLS PREGNANCY RESOURCE CENTER

a State-Licensed Medical Clinic

(626) 358-2122

924 Buena Vista Street, Suite 202

Duarte, CA 91010

OFFICE HOURS:

Mon, Wed, Fri: 11am - 3pm

Tues, Thurs: 2pm - 7pm

MISSION

FPRC is a Christian nonprofit medical clinic that offers a safe place where women, men, and children are empowered with the tools and support to make healthy life choices.

ABOUT US

We recycle hope into every life that walks through our doors.

WAYS TO DONATE

Mail your gift to:

FPRC

P.O. Box 234

Monrovia,

Ca 91017

Or give online at:

foothillsprc.org





**Foothills Pregnancy
Resource Center**

A State-Licensed Medical Clinic

FPRC warmly invites you to...

Hope After The Hurt Luncheon

As a member of a community of faith that supports FPRC we want to extend the opportunity for you discover the first steps towards healing after abortion or sexual abuse.

📅 Saturday, August 1, 2026

🕒 11:00am - 2:00pm

📍 Monrovia Community Church
101 E. Foothill Blvd. Monrovia, CA 91016

☎ (626) 358-2122

Please RSVP - Seating is limited

💰 Free Event with Gifts & Giveaways

- Hear from trained facilitators who specialize in these delicate areas of trauma.
- Be encouraged as you learn about one-on-one sessions and small groups designed to help you release shame and pain.

Feel free to share this invitation with someone you know who has been affected by abortion or sexual abuse and come to the event with her so she feels your support.

FPRC recognizes that men need healing after abortion.

We have healing resources for them as well.

We encourage them to reach out to us (626) 358-2122



A Lazarus Generation Event— Hope After the Hurt

Do any of you remember those great books and courses authored and offered by Cloud and Townsend? Wonderful titles like “Boundaries”; “Boundaries in Marriage”; “Safe People”; and probably scores of others...

I sat in a jam-packed class with other eager learners two decades ago as we made our way through the Safe People course. Chapter discussions, relevant videos, and insightful leaders brought us collectively to some impactful revelations. I recall the facilitator using the Lazarus story from the Gospel of John to illustrate a point. All these years later, I still use his illustration. Namely, after Jesus called Lazarus by name and the dead man walked out into the daylight from his dark tomb, Jesus called out to the bystanders. He called Lazarus’ own community to take the next steps. Lazarus had indeed risen from the dead as he heard the sound of Jesus’ voice; but now, He would require Lazarus’ village to unwrap the dead-now-living man. That particular reference made during a class all those years ago has never left me. Jesus calls us out, then we must unburden others. In Lazarus’ day, his community peeled away what were probably pretty putrid burial strips of cloth. (Lazarus had been in the grave several days...whoa, now there’s a thought). Soon after, I’d had a vision of men and women, as in a tsunami, engulfing the globe. In my mind, I called this vision “A Lazarus Generation”. Men and women who are being called out by their Saviour and supported by their communities of faith.

Many women (and men) who have faced abortion head-on, are sitting inside our church buildings each week and may still be wearing the stinky grave clothes just as Lazarus wore. They know they are forgiven by a Father Who has heard their heartfelt sorrow in the wake of abortion. But it could be equally as true that they still remain somewhat, or even terribly bound, due to not knowing about post-abortion healing. A Lazarus Generation is within our own church walls!

FPRC is part of the community designed by God to unwrap you, or someone you may know, who still may be bound. Pregnancy medical clinics all over the country offer hope and healing after the hurt of abortion and its ensuing shame and pain. And while I am always talking from the podium and pulpit about healing for both men and women who’ve been affected by abortion, I felt that this was a time to host a very special event in your honor!

On Saturday, August 1st, from 11 – 2, at Monrovia Community Church, 101 East Foothill Blvd, a Lazarus gathering we’re calling will take place. The luncheon event is called “Hope After the Hurt” and will feature a tender moment of welcome and Biblical encouragement from MCC’s pastor, Joel Larson. Live worship music will warmly set the tone for the event and there will be gifts, a light August lunch, and opportunity for creative engagement throughout the day. Facilitators who will guide the attendees as they reach out to take the first steps towards healing (whether from sexual abuse and/or abortion) are: Rachel Freidman, a certified trauma

facilitator who currently leads Sexual Abuse Recovery at FPRC. Our experience is that many, not all, but many women who have undergone abortion may have had abuse in their past. Rachel will share her gentle approach to healing; Barbara Lesure, founder and facilitator of “Journey With Us”, a supportive online after-abortion resource. Barbara and Rachel co-lead a conference last year at Pasadena’s Rose Bowl and are bringing their expertise together again for this day. FPRC’s Lori Berg will share about what healing looks like in-person, one-on-one or small group, at FPRC.

The special luncheon event is meant to be a safe intro for the church woman, or someone she may know, who has yet to take the courageous first steps to unwrap those grave clothes.

I and the teams at FPRC and Monrovia Community Church are excited to be hosting this event. We are encouraging all our partner churches to help us spread the word, so many Lazarus women from our churches may attend. Seating will be limited, so we will require an RSVP. There is no cost for this event. RSVP’s will be received at 626-358-2122.

Together, we are the women of a Lazarus Generation! “Hope After the Hurt”, Saturday, August 1st, 11am – 2pm, at Monrovia Community Church, 101 E. Foothill Blvd in Monrovia. Parking is available on the church property. ❤️



PAMPER DAY 2026

Pamper Day, February 21st, was held on the Community Extension Campus of PCC. Nine exceptional clients were invited for a spa experience and each was touched and warmly blessed. FPRC is honored to partner with Richard Allen Berg and his caring team. ❤️



FPRC SNEAK PEEK:

Filming our Gala Film 2026 will be underway shortly. We are very proud to be bringing new talent to the creative team, Hayden Wilkens of Hayden Wilkens Films. He will be filming, mastering the sound, lighting, and editing needs of the story under Lori Berg's directorship. Berg, after many years of writing and self-producing these short films with the able assistance of her team (a shout of thanks and appreciation to: Hayley, Kristine, Pete, and Laura) recently agreed with the FPRC Board that now is the time to kick things up a notch. Hayden is a pro-life filmmaker who conducted some interviews here several years ago for a national pregnancy care project he was overseeing. Welcome to the FPRC crew, Hayden...we look forward to making our story even more impactful in 2026!



Following a very busy few weeks of filming in August, Lori and Nurse Manager Cil will be headed to Houston, Texas for the annual **Care Net Conference**. Breakout sessions like: Building Relationships with Local Schools; Messaging Around Men and Abortion; Protecting Our Policies; and Metrics of Our Mission. Major speakers will encourage and motivate our PRCs worldwide. Among the many gathered will be old friends from Save The Storks, Life Advancement Group, Forget-Me-Not Ultrasound and hundreds of directors and nurse comrades. Cil and Lori are looking forward to the Gulf breeze and the stirring of the Holy Spirit in such a setting.

LOOK WHAT WE ARE DOING "TOGETHER" LOCALLY AND NATIONALLY ...TO IMPACT LIFE!!

FPRC IS ONE OF 3000 MEDICAL PREGNANCY RESOURCE CENTERS HERE IN THE US.

Together, we are making a huge difference in the lives of tens of thousands of women. Women who are choosing to parent; women who are wounded after an abortion; women who are making adoption plans for their babies; and women who are just in need of encouragement.

YOUR SUPPORT of FPRC means that **TOGETHER** we are contributing to the following:

IN THE LAST 4 YEARS ALONE, medical pregnancy resource centers **have offered FREE support and services:**

- 500,000 ultrasounds were conducted totaling \$139 million of assistance
- 160,200 STDs tests were administered totaling \$8 million of valuable help
- 732,000 pregnancy tests administered totaling a value of \$6.5 million
- Parenting and Mentoring supports were offered worth \$52 million
- Tens of thousands of men and women wounded by abortion have received help and hope worth \$3.5 million
- 1.5 million diapers have been given out to our moms totaling \$15 million
- Over 2 million outfits for babies and children worth \$10 million have been shared with our clients
- 30,000 car seats and 20,000 strollers worth \$3 million have been shared



Foothills Pregnancy Resource Center

A State-Licensed Medical Clinic

Sometimes, do you just wish you had a **"SAFE PLACE"** to gather and get some **HONEST ANSWERS?**

Do you have a safe place to go **WHERE NO ONE WILL JUDGE YOU** as you share your questions or thoughts? We have support groups. We even have one-on-one mentorships for guys! Everyone could use a little support. **WE'RE A SAFE PLACE.** If you need support or to share with another person for the first time, all our services are **CONFIDENTIAL** and **FREE!**

SERVICES OFFERED:

- Urine Pregnancy Testing and STDs Testing
- Limited Ultrasound (if you qualify)
- Options Counseling: Hear about ALL of your options
- Support after an abortion
- Groups and Classes: Support, Parenting, Mentoring
- Supplies for you and your baby

RESOURCES AVAILABLE:

- Options Counseling Explore your options, "Are You Pregnant? Emergency Contraception? Considering Abortion?"
- Abortion Recovery Restoring Lives and Relationships After Abortion



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