

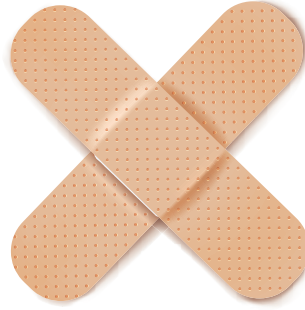


FOOTHILLS PREGNANCY RESOURCE CENTER

LIFEletter

FPRC NEWSLETTER • VOL. 2 • ISSUE 21 • September 2026

We All Wear Bandages



Walter Hoving Home in Pasadena

Shortly after undergoing Mohs surgery on my own nose (see photo) I was asked to speak a message of hope and healing with some women who reside at the Walter Hoving Home in Pasadena. Walter Hoving Home is the historic location of the former Mira Monte Hotel which was a landmark luxury spot of the 1920's. In its renovation as a recovery facility, the Home can house up to 50 women at one time. In its renewed atmosphere of warmth, trust, and support, countless ladies have found new life, filled with purpose and meaning. Each lady walks in the front door of WHH as a diamond-in-the-rough. But she walks out the door completely changed, displaying the beauty and grace of a life transformed by the grace of God.



I was wearing the bandage you see in the picture but I brought bandages to share, too. I taught the Lazarus story (John 11) about Jesus raising his friend from death. After Jesus called Lazarus forth, He commissioned the townsfolk of Bethany to unwrap

the formerly dead man. I told the women that I didn't want to be the only one in the room wearing a bandage, so I gave each woman her own band-aid.

I proceeded to talk about the similarities of coming out of a "dark" time, such as the aftermath of abortion, to Lazarus' having been dead and being called from the dark tomb. Jesus' power called him into newness of life. That's what healing can feel like when we recover from a trauma. Abortion is real trauma and the loss of life and purpose result for many who've been through abortions. We all wear bandages of some sort. Those of us inside the church and outside of the church. Our bandage may or may not have to do with abortion. Some bandages we see, others we do not.

For nearly two hours the ladies were engaged in exercises, exploration, and conversation about what it looks like to take the first steps towards healing after abortion. Then I asked the ladies to find another woman in the room wearing a band-aid and ask if they could help them remove it. The room buzzed as the women completed the simple task. As we took our seats once again, I edified the group that they embodied community. Community with others is where we heal.



FOOTHILLS PREGNANCY RESOURCE CENTER

a State-Licensed Medical Clinic

(626) 358-2122

924 Buena Vista Street, Suite 202

Duarte, CA 91010

OFFICE HOURS:

Mon, Wed, Fri: 11am - 3pm

Tues, Thurs: 2pm - 7pm

MISSION

FPRC is a Christian nonprofit medical clinic that offers a safe place where women, men, and children are empowered with the tools and support to make healthy life choices.

ABOUT US

We recycle hope into every life that walks through our doors.

WAYS TO DONATE

Mail your gift to:

FPRC

P.O. Box 234

Monrovia,

Ca 91017

Or give online at:

foothillsprc.org



Get ready...2026...THE FABRIC OF LIFE: FEARFULLY AND WONDERFULLY MADE...
COMING TO YOUR HOME, YOUR CHURCH, YOUR NEIGHBORS' HOMES, YOUR OFFICE PARTY,
YOUR VERY OWN WATCH PARTY...PREMIERING FRIDAY, NOVEMBER 6TH...

FPRC's 2026 Film... "THE FABRIC OF LIFE: FEARFULLY AND WONDERFULLY MADE"

Foothills Pregnancy Resource Center is a state-licensed medical clinic where single women, families, couples, and their extended families gather to learn and see life happen! Whether our visitors come in for a pregnancy test or an ultrasound, they learn first-hand how life grows miraculously at an astonishing rate! We help our clients answer questions like: When does life become a life? Who creates life? Does a single life matter? What an awesome privilege FPRC has...to step into so many lives and answer questions like these.

Our 2026 film: "THE FABRIC OF LIFE: FEARFULLY AND WONDERFULLY MADE" marks a milestone for FPRC. The clinic was contacted shortly after the new year by an artist who had created a music video and she wanted FPRC to own exclusive rights to it. Watching the video with her staff. Lori Berg and team agreed that the musical story could serve as a focal point of this year's film. Combining the video's imagery with real stories of FPRC's clients, along with adding artistic touches, we had a story! On top of which, we are bringing to this year's cinematic gala, a professional filmmaker with myriad awards and credits in his pocket. Hayden Wilkens (*visit Hayden online and view some of his work at @HaydenWilkinsFilms*) joins our film team. Scripts in hand, he and Berg will interview, capture precious moments, story-tell, and finally edit the 2026 masterpiece.



Friday, November 6th the film will debut on our website. Watch Parties, or gatherings with the intent of showing the film, are scheduled for the premiere night. But one of the stunning advantages to capturing our story on film which embeds on our website, is that groups, churches, and individuals can all watch throughout the year. Thus, our main funds-and-awareness event of the year...is showing itself effective all year long! (See below a list of our previous six films currently in our website media library.) Every year, more and more Watch Parties happen. More and more folks learn about our life-saving and hope-recycling work! Be a part of FPRC's movie-making magic!!!



Your donations make all our work happen...whether it's showing a client her wonderfully-made life growing inside her womb; testing a vulnerable and frightened young woman for STIs; assisting a young family with an abundant bag full of supplies and hope; or bringing a hurting soul back to healing in the arms of Christ, or shooting a film to spread the word about the good work happening within these walls...YOU make it happen! ❤️



Films playing already on www.foothillsprc.org:

2020: BE THE LIGHT...a full tour of FPRC, room by room. Hear stories of lives impacted in these very rooms.

2021: SHARING OUR STORY...bringing awareness to our mission and the lives we touch.

2022: CAPTURING THE MOMENT...partner churches sharing their hearts for the needs of our clients in such a time as this.

2023: FPRConnections...how we form relationships with our clients through supplies, medical services, supports, and recovery.

2024: LIVING THE LEGACY...a celebration of 20 years being in the forefront of pregnancy help.

2025: HOW WE SHINE...learn what makes FPRC a state-licensed medical clinic.

FPRC PRESENTS

**"THE FABRIC OF LIFE:
FEARFULLY AND
WONDERFULLY MADE"**

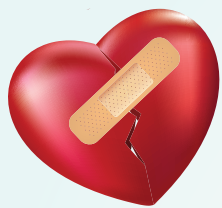
a Film Premiering

FRIDAY NOVEMBER 6TH

www.foothillsprc.org

**WATCH. EXPERIENCE.
SHARE. DONATE.**

And as you do, help others join our mission!



Hope After the Hurt Luncheon — *A Day Wrapped in Love*

And there were more bandages. It seems that FPRC director Lori Berg didn't want to be the only woman in the lovely banquet room to be wearing a bandage, so she brought enough for all! In last quarter's newsletter, you read a story equating the unwrapping of Lazarus' bandages to the unwrapping that we, in Christian community, have the privilege of accomplishing still today. Sadly, women in the church are often bound by the shame of having had a past abortion. Or perhaps she was a victim of sexual abuse and didn't know who was safe enough to tell her story to, so she's remained silent for a long, long time. Only 7% of women within the church who identify with either sexual trauma or post-abortion grief ever speak out!

On Saturday, August 1st, in the Fireside Room of Monrovia Community Church (one of FPRC's church partners), Berg gave each attendee a bandage and asked them to put it on. The women in attendance are beginning to take steps towards wholeness and healing after abuse or abortion. The bandages, though superficial, were symbolic of the pain and shame they might still be carrying. Just as we are

wounded in community oftentimes, we can heal also in community. The women received gifts, resource materials, and practical and professional advice from seasoned facilitators in the areas of post-abortion and sexual abuse healing.

The informational and teaching team was composed of Barbara Lesure (of Journey With Us Ministries, a zoom-based post-abortion experience); Kate Ouimette-Wedell (a human trafficking survivor, author of the book *Exposed*, and advocate for Post Abortion and Sexual Abuse Recovery Programs at FPRC), and Berg who heads up post-abortion healing at FPRC.

Prior to the speaking, music pastor Joel Piedt of Monrovia Community Church led the attendees in a time of soothing worship. MCC's senior pastor Joel Larson reminded the women of their ultimate worth in Christ. He

cared enough to bear all their pain and shame while all the time loving each woman as she is. His desire is for each precious daughter to realize how treasured, valued, cherished, and purposed she is!

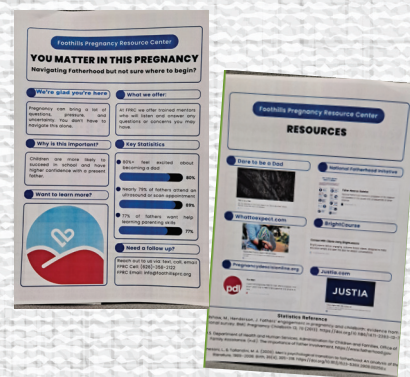
Local caterer Becky Rivanis served up her usual flair making the "come and taste" feel of the event just spectacular! A special thanks to all of our partners who promoted the luncheon to the women of their churches. A beautiful room, a beautiful crowd, beautiful sounds...Hope After the Hurt Luncheon 2026. ❤️



Guys for Guys at FPRC... *Calling All Men!!!*

Years ago, the staff of FPRC picked up on a trend among the guys. If a father attended the medical appointment for pregnancy testing and/or ultrasound, he had to remain alone in the lobby while the nurse attended to his partner. This seemed a little disconnecting, so we initiated GuysForGuys, a simple program that resulted in connecting one of our client's guys with someone on the volunteer team (another man) of FPRC. Over each year, maybe only three or four guys would actually ask to speak with another guy; but everyone seemed genuinely appreciative that we even offered such a connecting point!

Two things have happened recently to rev-up the program: One, we employed a male nurse, a Biola student doing his community clinic stint here, to revise our GuysForGuys handout. His product was attractive and we now hand the fliers out in welcome kits for new clients. The flier is pictured. Secondly, while at the recent directors' conference sponsored by the California Alliance of Pregnancy Care, I (Lori) got to compare notes with other pregnancy clinic directors who offer guys' programs within our state. I was inspired and challenged to keep building upon our meager start. The L A County Sheriff once mentioned that though we may not have a huge number of guys, the fact that we sow into them at all is totally a step towards making lasting change in a man's life.



Does your heart burn within you, or does someone come to mind as you are reading this? Another brochure pictured shows the resources of the Bakersfield clinic as they wrap around their guys. Wow!!! A monthly pizza and wings night. (I was told that the wings are a must have!) And one of our national partner organizations runs Dr. Dad (pictured), so we've lots of resources to tap into.

Coming around the guys can look like a monthly get-together, or merely a face-to-face here at the clinic. God will do the directing and building. Just as there are the women clients, there are their partners, married and single, who probably need as much mentoring and connection as their women do. Pray and see how He may lead you. When FPRC says "we are here for you, too and we're here with hope" ...help us to truly mean it. ❤️

Q: What's a Watch Party?

A: It's Ripple-Effect Friends-raising



A small dinner party; a church-wide gathering; a backyard BBQ with neighbors, or anything in-between ... a Watch Party is simply a way to get a group of folks together to view our annual film. "The Fabric of Life: Fearfully and Wonderfully Made" will premiere on Friday, November 6th. And after the fall premiere, the film remains up on our website www.foothillsprc.org. Each year our film presents just how FPRC is a hands-on solution to real-time issues facing many single and married women facing unplanned pregnancies. FPRC recycles hope into every life we touch! Help us to reach more clients and new donors by hosting a **Watch Party. Each gathering can be as small or large as you wish. Food and beverages? Your call. When you host is also your call ... whether on the premiere night or throughout the year. We just need your willingness to help us spread the word. A film worth watching ... and sharing, "The Fabric of Life: Fearfully and Wonderfully Made". Call FPRC and speak with Lori, 626-358-2122. Add your group to the growing number of Watch Parties for 2026!**

LOOK WHAT WE ARE DOING "TOGETHER" LOCALLY AND NATIONALLY ...TO IMPACT LIFE!!

FPRC IS ONE OF 3000 MEDICAL PREGNANCY RESOURCE CENTERS HERE IN THE US.

Together, we are making a huge difference in the lives of tens of thousands of women. Women who are choosing to parent; women who are wounded after an abortion; women who are making adoption plans for their babies; and women who are just in need of encouragement.

YOUR SUPPORT of FPRC means that TOGETHER we are contributing to the following:

IN THE LAST 4 YEARS ALONE, medical pregnancy resource centers have offered FREE support and services:

- 500,000 ultrasounds were conducted totaling \$139 million of assistance
- 160,200 STDs tests were administered totaling \$8 million of valuable help
- 732,000 pregnancy tests administered totaling a value of \$6.5 million
- Parenting and Mentoring supports were offered worth \$52 million
- Tens of thousands of men and women wounded by abortion have received help and hope worth \$3.5 million
- 1.5 million diapers have been given out to our moms totaling \$15 million
- Over 2 million outfits for babies and children worth \$10 million have been shared with our clients
- 30,000 car seats and 20,000 strollers worth \$3 million have been shared



**Foothills Pregnancy
Resource Center**

A State-Licensed Medical Clinic

Sometimes, do you just wish you had a **"SAFE PLACE"** to gather and get some **HONEST ANSWERS?**

Do you have a safe place to go **WHERE NO ONE WILL JUDGE YOU** as you share your questions or thoughts? We have support groups. We even have one-on-one mentorships for guys! Everyone could use a little support. **WE'RE A SAFE PLACE.** If you need support or to share with another person for the first time, all our services are **CONFIDENTIAL** and **FREE!**

SERVICES OFFERED:

- Urine Pregnancy Testing and STDs Testing
- Limited Ultrasound (if you qualify)
- Options Counseling: Hear about ALL of your options
- Support after an abortion or sexual abuse
- Groups and Classes: Support, Parenting, Mentoring
- Supplies for you and your baby

RESOURCES AVAILABLE:

- Options Counseling Explore your options, "Are You Pregnant? Emergency Contraception? Considering Abortion?"
- Abortion Recovery Restoring Lives and Relationships After Abortion



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